

NATIONAL MINE RESCUE COMPETITION
FIRST AID CONTEST
Wednesday July 31, 2013

Judges Guide-Day 2

Injuries & expected treatments:

Arterial bleed-left upper extremity; Direct pressure and elevation will not stop the bleeding. The brachial pressure point should be used to stop the bleeding. When the team member uses direct pressure on the brachial pressure point, tell him/her the bleeding is controlled. Dressing the wound should include a roller bandage. Brady 8th, pg. 309-314

Femur Fracture; Assess distal circulation, sensation and movement in both legs. Provide high flow oxygen as soon as possible. Apply a blanket roll or bulky pads between the legs from groin to feet to provide comfort. Use a rigid splint or traction splint to stabilize the injury. Use cravats to secure the splint by tying the legs together, above and below the injury being careful not to tie directly on the fracture site. Cover with a blanket for warmth and treat for shock. Check distal circulation after splinting. Brady 8th, pg. 401

Impaled object; Do not remove the impaled object. Control bleeding. Attempt to stabilize the object by gently using bandages and dressings. Keep the patient at rest. Treat for shock. Brady 8th, pg. 336

Abrasions-facial injuries; Bleeding is controlled by direct pressure, taking care not to press too hard. Apply dry sterile dressings and bandages. Brady 8th, pg. 340