

NATIONAL MINE RESCUE COMPETITION  
FIRST AID CONTEST  
Tuesday July 30, 2013

## Judges Guide-Day 1

### Injuries & expected treatments:

**Arterial bleed-left upper extremity;** Direct pressure and elevation will not stop the bleeding. The brachial pressure point should be used to stop the bleeding. When the team member uses direct pressure on the brachial pressure point, tell him/her the bleeding is controlled. Dressing the wound should include a roller bandage. Brady 8<sup>th</sup>, pg. 309-314

**Pelvic Fracture;** Assess distal circulation, sensation and movement in both legs. Provide high flow oxygen as soon as possible. Apply a blanket roll or bulky pads between the legs from groin to feet. Use cravats to stabilize the pelvis by tying the legs together. Two cravats below the knee and two above. Brady 8<sup>th</sup>, pg. 398-401

**Impaled object;** Do not remove the impaled object. Control bleeding. Attempt to stabilize the object by gently using bandages and dressings. Keep the patient at rest. Treat for shock. Brady 8<sup>th</sup>, pg. 336

**Abrasions-facial injuries;** Bleeding is controlled by direct pressure, taking care not to press too hard. Apply dry sterile dressings and bandages. Brady 8<sup>th</sup>, pg. 340